WESTERLY OLDER ADULT RESOURCE GUIDE

2026

Welcome to the

Westerly Older Adult Resource Guide

The Westerly Older Adult Resource Guide was created by Age-Friendly Westerly, a collaborative effort involving community leaders and residents, supported by Age-Friendly Rhode Island, and facilitated by Yale New Haven Health's Office of Health Equity & Community Impact (OHECI). Since becoming a member of the AARP Network of Age-Friendly Communities in 2021, the Town of Westerly, in partnership with Age-Friendly Westerly, has committed to a multi-year, multi-phase initiative focused on developing a community that is inclusive, welcoming, and supportive for residents of all ages. This guide is intended to support these efforts by increasing access to important resources and promoting community services more effectively.

To access this resource guide online, please visit www.westerlyri.gov/782/Age-Friendly-Westerly. If you would like to request a print copy, or if you have questions about the resource guide, please email healthequity@ynhh.org.

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Notes

Table of Contents

EMERGENCY SERVICES 1
- Aging & Disability Resource Center (ADRC/The Point) 1
- Domestic Violence Resource Center of South County 1
- Elder Abuse - Office of Healthy Aging 1
- Suicide and Crisis Lifeline -988 2
- United Way of RI - 211 2
- WARM Center 2
- Westerly Ambulance Corps 3
- Westerly Animal Control 3
- Westerly Fire Department 3
- Westerly Police Department 4

ADULT EDUCATION 5
- Literacy Volunteers of Washington County 5
- Osher Lifelong Learning Institute (OLLI/URI) 5
- Westerly Education Center 5

BEHAVIORAL HEALTH / MENTAL HEALTH / DISABILITY . 6
- Behavioral Health Group 6
- CODAC Behavioral Healthcare (South County) 6
- Frank Olean Center, Inc. 7
- Gateway Healthcare 7
- Tri-County Community Action Agency 8
- Westerly Mental Health Resource Center 8
- Wood River Health Services 8

COMMUNITY RESOURCES 9
- Ocean Community YMCA 9
- Westerly Library & Wilcox Park 9
- Westerly Recreation Department 9
- Westerly Senior Center 10
- Westerly Town Hall 10

FOOD ASSISTANCE 11
Jonnycake Center of Westerly 11
Meals on Wheels 11
Pawcatuck Neighborhood Center 11
RICAN Food Assistance 12
SNAP - Supplemental Nutrition Assistance Program 12
St. Vincent de Paul Food Pantry at Immaculate Conception 13
The Pantry on the Lane 13
The Supper Table at the Calabrese Club 13
Tri-County Food Pantry 14
WARM Center Anita's Kitchen 14

HOUSING 15
Babcock Village 15
Merchants Village 15
South County Habitat for Humanity 15
WARM Center 16
Westerly Housing Authority 16

REHABILITATION & HEALTH SERVICES 17
Apple Rehab - Clipper 17
PACE Westerly Adult Day Center 17
Royal Health Westerly 18
The Elms 18
Westerly Hospital 18
Westerly Rehabilitation & Healthcare Center 19
Wood River Health Services 19

SENIOR SERVICES 20
AARP Rhode Island 20
Alzheimer's Association 20
PACE Westerly Adult Day Center 20
Pawcatuck Neighborhood Center 21
RI Office of Healthy Aging 21

Tri-County Senior & Disabled Adult Services 21
Westerly Senior Center 22
Westerly Village 22

SOCIAL SERVICES.....23
Jonnycake Center of Westerly 23
Pawcatuck Neighborhood Center.....23
St. Vincent de Paul Society, Catherine Laboure Conference 24
Tri-County Community Action Agency 24
Wellbeing Collaborative 24

TRANSPORTATION 25
Non-Emergency Medical Transportation (NEMT) ..25
RIPTA Westerly/Hope Valley Rural Route 25
United Way of RI - 211 25
Westerly Senior Center 26
Westerly Village 26

EMERGENCY SERVICES

Aging & Disability Resource Center (ADRC/The Point)

50 Valley Street, Providence, RI 02909

thepoint@oha.ri.gov

P: (401) 462-4444

W: www.oha.ri.gov/aging-disability-resource-center

The statewide Aging and Disability Resource Center (The Point) connects older adults, people with disabilities, and caregivers to statewide services, benefits, and community resources.

Domestic Violence Resource Center of South County

61 Main Street, Wakefield, RI 02879

info@dvrcsc.org

P: (401) 782-3990

W: www.dvrcsc.org

Trained advocates are available through the helpline to provide support to those experiencing domestic violence.

Elder Abuse - Office of Healthy Aging

Rhode Island (Statewide)

oha@oha.ri.gov

P: (401) 462- 0555

W: www.oha.ri.gov/report-elder-abuse

A 24/7 hotline to anonymously report elder abuse, neglect, or financial exploitation. In the event of an emergency, call 911.

EMERGENCY SERVICES

Suicide and Crisis Lifeline -988

Nationwide service

No email

P: 988

W: www.988lifeline.org

The 988 Suicide & Crisis Lifeline offers free, confidential 24/7 support for people in emotional distress, mental health crises, or suicidal thoughts.

United Way of RI - 211

50 Valley Street, Providence, 02909

info@unitedwayri.org

P: 211

W: www.unitedwayri.org/get-help/2-1-1

United Way 211 provides free, confidential information and referrals to food, housing, healthcare, and financial assistance services across Rhode Island.

WARM Center

56 Spruce Street, Westerly, RI 02891

info@warmcenter.org

P: (401) 596-9276

W: www.warmcenter.org

The WARM Center provides housing assistance, emergency shelter, and support services for individuals and families in Washington County.

EMERGENCY SERVICES

Westerly Ambulance Corps

30 Chestnut Street, Westerly, RI 02891

info@westerlyambulance.org

P: (401) 596-2213

W: www.westerlyambulance.org

Westerly Ambulance Corps provides emergency medical response, ambulance transport, and paramedic services in Westerly and nearby communities.

Westerly Animal Control

60 Airport Road, Westerly, RI 02891

animalcontrol@westerlyri.gov

P: (401) 348-6115

W: www.westerlyri.gov/339/Animal-Control

Westerly Animal Control handles stray animals, lost pets, animal welfare issues, and local animal control enforcement in Westerly.

Westerly Fire Department

7 Union Street, Westerly, RI 02891

fire@westerlyri.gov

P: (401) 596-0402

W: www.westerlyfire.com

The Westerly Fire Department provides fire protection, emergency response, rescue services, and fire prevention programs in Westerly.

EMERGENCY SERVICES

Westerly Police Department

60 Airport Road, Westerly, RI 02891

police@westerlyri.gov

P: (401) 596-2022

W: www.westerlyri.gov/621/Police-Department

The Westerly Police Department provides law enforcement, emergency response, and public safety services for Westerly residents.

ADULT EDUCATION

Literacy Volunteers of Washington County

7 Elm Street, Westerly, RI 02891

info@literate.org

P: (401) 596-9411

W: www.literacywashingtoncounty.org

Literacy Volunteers of Washington County helps adults gain literacy skills for family life, employment, and civic engagement.

Osher Lifelong Learning Institute (OLLI/URI)

210 Flagg Road, Kingston, RI 02881

olli@etal.uri.edu

P: (401) 874-4197

W: www.web.uri.edu/olli

The Osher Lifelong Learning Institute (OLLI) at the University of Rhode Island offers classes and programs for adults aged 50 and better.

Westerly Education Center

23 Friendship Street, Westerly, RI 02891

info@westerlyedcenter.org

P: (401) 584-4931

W: www.westerlyedcenter.org

The Westerly Education Center offers adult education, including GED prep, ESL, workforce readiness, and career training.

BEHAVIORAL / MENTAL HEALTH & DISABILITY

Behavioral Health Group

86 Beach Street, Westerly, RI 02891

info@bhgrecovery.com

P: (401) 808-6693

W: www.bhgrecovery.com

Behavioral Health Group provides outpatient treatment for opioid use disorder, including medication-assisted treatment, counseling, and recovery support.

CODAC Behavioral Healthcare (South County)

3045 Tower Hill Road, Saunderstown

info@codacinc.org

P: (401) 789-0934

W: www.codacinc.org

CODAC Behavioral Healthcare provides outpatient and medication-assisted treatment for substance use disorders across Rhode Island.

BEHAVIORAL / MENTAL HEALTH & DISABILITY

Frank Olean Center, Inc.

93 Airport Road, Westerly, RI 02891

info@frankoleancenter.org

P: (401) 596-2091

W: www.oleancenter.org

The Frank Olean Center provides employment, day, residential, and community services for adults with intellectual and developmental disabilities in Rhode Island.

Gateway Healthcare

1 Commerce Street, Westerly, RI 02891

info@gatewayhealth.org

P: (401) 946-4020

W: www.gatewayhealth.org

Gateway Healthcare provides mental health treatment, substance use services, counseling, and recovery support programs for adults and families in Rhode Island.

BEHAVIORAL / MENTAL HEALTH & DISABILITY

Tri-County Community Action Agency

1126 Hartford Avenue, Johnston, RI 02919
info@tricountyri.org
P: (401) 519-1940
W: www.tricountyri.org

Tri-County Health Centers offer mental health and substance abuse counseling and treatment options for adults.

Westerly Mental Health Resource Center

68 Pierce Street, Westerly, RI 02891
info@gatewayhealth.org
P: (401) 596-1675
W: www.facebook.com/westerlyMHRC

The Westerly Mental Health Resource Center provides community mental health support and resources for residents and connects individuals to appropriate behavioral health services.

Wood River Health Services

17 Wells Street, Westerly, RI 02891.
info@woodriverhealth.org
P: (401) 539-2461
W: www.woodriverhealth.org

Wood River Health Wood River Health offers individual and therapeutic group services to both patients and the general public.

COMMUNITY RESOURCES

Ocean Community YMCA

95 High Street, Westerly, RI 02891

info@oceancommunityymca.org

P: (401) 596-2894

W: www.oceancommunityymca.org

Ocean Community YMCA offers fitness programs and community services in Westerly and nearby areas.

Westerly Library & Wilcox Park

44 Broad Street, Westerly, RI 02891

reference@westerlylibrary.org

P: (401) 596-2877

W: www.westerlylibrary.org

Westerly Library & Wilcox Park offers library services, educational programs, events, and access to books and technology for the community.

Westerly Recreation Department

45 Broad Street, Westerly, RI 02891

recreation@westerlyri.gov

P: (401) 348-2652

W: www.linktr.ee/WesterlyRecreation

The Westerly Recreation Department offers recreational programs, sports leagues, events, and seasonal activities for all ages.

COMMUNITY RESOURCES

Westerly Senior Center

39 State Street, Westerly, RI 02891
seniorcenter@westerlyri.gov
P: (401) 596-2404
W: www.westerlyseniorcenter.org
The Westerly Senior Center offers social, wellness, recreational programs, meals, transportation, and support services for older adults.

Westerly Town Hall

45 Broad Street, Westerly, RI 02891
townhall@westerlyri.gov
P: (401) 348-2500
W: www.westerlyri.gov/371/Westerly-Town-Hall
Westerly Town Hall provides municipal services, public records, permits, and local government services for residents.

FOOD ASSISTANCE

Jonnycake Center of Westerly

23 Industrial Drive, Westerly, RI 02891

info@jonnycake.org

P: (401) 377-8069

W: www.jonnycake.org

The Jonnycake Center of Westerly houses a food pantry that provides groceries to individuals and families in the Westerly community.

Meals on Wheels

39 State Street, Westerly, RI 02891

info@rimeals.org

P: (888) 998-6325

W: www.rimeals.org

Meals on Wheels of Rhode Island delivers meals and wellness checks to older adults and homebound individuals, supporting independence and health.

Pawcatuck Neighborhood Center

27 Chase Street, Pawcatuck, CT 06379

info@pncct.org

P: (860) 599-3285

W: www.pawcatuckneighborhoodcenter.org

Pawcatuck Neighborhood Center offers food services, including a food pantry and specialized services for the homebound, to residents of Westerly.

FOOD ASSISTANCE

RICAN Food Pantry

805 Alton Carolina Road, Charlestown, RI 02813

info@rican.org

P: (401) 364-9412

W: www.rhodeislandcan.org

RICAN provides weekly food pantry services, personal care items, and emergency assistance programs for residents experiencing food insecurity in Washington County.

SNAP - Supplemental Nutrition Assistance Program

1 Reservoir Avenue, Providence, RI 02907

dhs.contactcenter@dhs.ri.gov

P: (855) 697-4347

W: www.dhs.ri.gov/programs-and-services

The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits to eligible individuals and families to help purchase food and improve nutrition.

FOOD ASSISTANCE

St. Vincent de Paul Food Pantry at Immaculate Conception

111 High Street, Westerly, RI 02891
info@svdpri.org
P: 401-450-9749
W: www.svdpri.org
The St. Vincent de Paul Food Pantry at Immaculate Conception provides food assistance and emergency support to individuals and families experiencing food insecurity in the Westerly community.

The Pantry on the Lane

17 Bowling Lane, Bradford, RI 02808
info@thepantryonthelane.org
P: (401) 465-7745
W: www.joyfellowshipri.org
The Pantry on the Lane provides food assistance and grocery support for individuals and families experiencing food insecurity in Westerly.

The Supper Table at the Calabrese Club

28 Pleasant Street, Westerly, RI 02891
No email
P: (401) 596-9186
W: www.facebook.com/CalabreseClub
Provides weekly community meals in a welcoming setting, offering food assistance and an opportunity for social connection for individuals and families.

FOOD ASSISTANCE

Tri-County Community Action - Food Pantry

34 Pond Street, Westerly, RI 02891

info@tricountyri.org

P: (401) 596-7272

W: www.tricountyri.org/services/food-assistance

Provides food assistance to persons and families in need through pantry services, offering access to essential groceries and nutritional support.

WARM Center Anita's Kitchen

56 Spruce Street, Westerly, RI 02891

info@warmcenter.org

P: (401) 596-9276

W: www.warmcenter.org

Anita's Kitchen at the WARM Center provides free community meals and food assistance for individuals and families.

HOUSING

Babcock Village

122 Cross Street, Westerly, RI 02891

info@westerlyhousing.org

P: (401) 596-7574

W: www.propertyadvisorygroup.com

Babcock Village provides affordable housing for older adults and individuals with disabilities, offering supportive living in the Westerly community.

Merchants Village

25 Clark Street, Westerly, RI 02891

info@westerlyhousing.org

P: (401) 596-9754

W: no website available

Merchants Village Apartments provides affordable housing for older adults and low-income residents in the Westerly community.

South County Habitat for Humanity

1555 Shannock Road, Charlestown, RI 02813

info@southcountyhabitat.org

P: (401) 213-6716

W: www.southcountyhabitat.org

South County Habitat for Humanity builds and renovates affordable homes and provides homeownership opportunities for low- and moderate-income families in Washington County, Rhode Island.

HOUSING

WARM Center

56 Spruce Street, Westerly, RI 02891

info@warmcenter.org

P: (401) 596-9276

W: www.warmcenter.org

The WARM Center provides housing assistance, emergency shelter, and homelessness prevention services to individuals and families in Washington County, Rhode Island.

Westerly Housing Authority

5 Chestnut Street, Westerly, RI 02891

info@westerlyhousing.org

P: (401) 596-4918

W: www.westerlyha.org

Westerly Housing Authority provides public housing, rental assistance, and affordable housing programs for low-income individuals, families, and older adults in the Westerly community.

REHABILITATION & HEALTH SERVICES

Apple Rehab - Clipper

161 Post Road, Westerly, RI 02891

info@applerehab.com

P: (401) 322-8081

W: www.apple-rehab.com

Apple Rehab Clipper provides skilled nursing care, short-term rehabilitation, and long-term care services for older adults recovering from illness or injury.

PACE Westerly

5 Union Street, Westerly, RI 02891

P: 401.596.1336

W: www.pace-ri.org/pace-westerly-day-center

The PACE-RI team coordinates medical and behavioral health care for participants, and offers comprehensive physical, occupational, speech, and massage therapy services to meet each individual's rehabilitation needs.

REHABILITATION & HEALTH SERVICES

Royal Health Westerly

79 Beach Street, Westerly, RI 02891

info@royalhealthgroup.com

P: (401) 596-4925

W: www.westerly.royalhealthgroup.com

Royal Health Westerly provides skilled nursing care, short-term rehabilitation, long-term care, and therapy services for older adults and individuals recovering from illness or injury.

The Elms

22 Elm Street, Westerly, RI 02891

info@elmshotelri.com

P: (401) 596-4630

W: www.elmsassistedliving.com

The Elms Retirement Residence provides assisted living services, residential care, and supportive programs for older adults in the Westerly community.

Westerly Hospital

25 Wells Street, Westerly, RI 02891

YNHHgeneral@ynhh.org

P: (401) 596-6000

W: www.www.westerlyhospital.org

Westerly Hospital, part of Yale New Haven Health, provides emergency, inpatient, outpatient, diagnostic, and specialty care for local residents.

REHABILITATION & HEALTH SERVICES

Westerly Rehabilitation & Healthcare Center

280 High Street, Westerly, RI 02891
admissions@westerlyrehab.com
P: (401) 348-0020
W: www.westerlyrehab.com

Westerly Rehabilitation & Healthcare Center provides skilled nursing care, rehabilitation therapy, and long-term care services for individuals recovering from illness, injury, or surgery.

Wood River Health Services

823 Main Street, Hope Valley, RI 02832
and
17 Wells St, Westerly, RI, 02891
info@woodriverhealth.org
P: (401) 539-2461
W: www.woodriverhealth.org

Wood River Health provides primary care, dental services, behavioral health care, and supportive health services for individuals and families in Washington County, Rhode Island.

SENIOR SERVICES

AARP Rhode Island

10 Orms Street, Providence, RI 02904

riaarp@aarp.org

P: (866) 542-8170

W: www.aarp.org

Nonprofit organization advocating for older adults and provides resources, programs, and information on health, finances, caregiving, and community engagement.

Alzheimer's Association

245 Waterman Street, Providence, RI 02906

rirhodeisland@alz.org

P: (800) 272-3900

W: www.alz.org

Support, education, and resources for people with Alzheimer’s disease and caregivers.

PACE Westerly

5 Union Street, Westerly, RI 02891

P: 401.596.1336

W: www.pace-ri.org/pace-westerly-day-center

PACE Westerly Adult Day Center provides a range of educational, recreational, and physical activities to PACE-RI participants and Westelry area older adults.

SENIOR SERVICES

Pawcatuck Neighborhood Center

27 Chase Street, Pawcatuck, CT 06379

info@pncct.org

P: (860) 599-3285

W: www.pawcatuckneighborhoodcenter.org

Pawcatuck Neighborhood Center offers clothing, utility aid, senior programs, and social services for local residents, including Westerly.

RI Office of Healthy Aging

25 Howard Avenue, Cranston 02920

oha@oha.ri.gov

P: (401) 462-3000

W: www.oha.ri.gov

Connects older adults, caregivers, and adults with disabilities to resources, benefits assistance, protective services, caregiver support, healthy aging programs.

Tri-County Senior & Disabled Adult Services

34 Pond Street, Westerly, RI 02891

info@tricountyri.org

P: (401) 349-5760

W: www.tricountyri.org

Services and programs for older adults and adults with disabilities.

SENIOR SERVICES

Westerly Senior Center

39 State Street, Westerly, RI 02891
seniorcenter@westerlyri.gov
P: (401) 596-2404
W: www.westerlyseniorcenter.org
The Westerly Senior Center provides social, educational, wellness, and recreational programs, meals, transportation assistance, and support services for older adults in the Westerly community.

Westerly Village

245 Waterman Street, Suite 406, Providence, RI 02906
westerly@villagecommonri.org
P: (401) 216-6935
W: www.villagecommonri.org
Westerly Village helps older adults to remain in their homes through a team of volunteers who offer transportation, social (one-on-one, small and large group activities), technology support, and light household chores.

SOCIAL SERVICES

Jonnycake Center of Westerly

23 Industrial Drive, Westerly, 02891

info@jonnycake.org

P: (401) 377-8069

W: www.jonnycake.org

Provides community-based social services and support programs to assist individuals and families in achieving stability and independence.

Pawcatuck Neighborhood Center

27 Chase Street, Pawcatuck, CT 06379

info@pncct.org

P: (860) 599-3285

W: www.pawcatuckneighborhoodcenter.org

Provides programs and supportive services for older adults, promoting independence, well-being, and social engagement within the community.

SOCIAL SERVICES

St. Vincent de Paul Society, Catherine Laboure Conference

P.O. Box 1014, Westerly, RI 02891

info@svdpri.org

P: (401) 450-9749

W: www.svdpri.org

Provides community-based support services to assist individuals and families facing hardship, promoting stability and dignity.

Tri-County Community Action Agency

34 Pond Street, Westerly, RI 02891

info@tricountyri.org

P: (401) 596-7272

W: www.tricountyri.org

Provides energy assistance and family support programs.

Wellbeing Collaborative

P.O. Box 780, Wyoming, RI 02898

info@wellbeingcollab.org

W: www.wellbeingcollab.org

Our mission is to empower all residents to nurture their mental wellbeing and achieve positive health outcomes through education and connection.

TRANSPORTATION

Non-Emergency Medical Transportation (NEMT)

Statewide RI transportation service

RI@mtm-inc.net

P: (855) 330-9131

W: www.eohhs.ri.gov

Provides transportation to Rhode Island residents 60 years of age and older who do not have access to transportation for non-emergency medical appointments and certain other services.

RIPTA Westerly/Hope Valley Rural Route

705 Elmwood Avenue, Providence, RI 02907

customerrelations@ripta.com

P: (401) 781-9400

W: www.ripta.com

Public transit provides transportation between Westerly, Hope Valley, and surrounding areas.

United Way of RI - 211

50 Valley Street, Providence, RI 02909

info@unitedwayri.org

P: 211

W: www.211ri.org

Provides free, confidential information and referral services connecting individuals to local health and human service resources.

TRANSPORTATION

Westerly Senior Center

39 State Street, Westerly, RI 02891
seniorcenter@westerlyri.gov
P: (401) 596-7216
W: www.westerlyseniorcenter.org
The Center van is available by reservation for shopping, hairdresser and barber appointments, banking, and nursing home visits..

Westerly Village

245 Waterman Street, Suite 406, Providence, 02906
westerly@villagecommonri.org
P: (401) 216-6935
W: www.villagecommonri.org
Helps older adults to remain in their homes through a team of volunteers offering transportation and more to areas surrounding Westerly.

Notes

The Westerly Older Adult Resource Guide is a concise directory of organizations offering specialized services to the older adult community in Westerly. The guide includes the following categories: Emergency Services, Adult Education, Behavioral and Mental Health & Disabilities, Community Resources, Food Assistance, Housing, Rehabilitation and Health Services, Senior Services, Social Services, and Transportation.

Age-Friendly RHODE ISLAND
An initiative of Rhode Island College

The Village Common of Rhode Island
Aging Better Together

WESTERLY LIBRARY & WILCOX PARK

Yale NewHaven Health
Westerly Hospital